

FINCA SERENA, MALLORCA

YOGA &
MEDITATION
RETREAT
by Lina Jurevičiūtė



20-23 March 2026

01

YOGA & MEDITATION RETREAT/

Join us for four restorative days at Finca Serena, one of the most magical spots in the Mediterranean. Yoga, mindfulness, nourishing food, and time in nature. This retreat is suitable for all levels and led by Lina Jurevičiūtė, who will support and inspire you on your journey.

BENEFITS/

- Increase flexibility
- Renewed energy and inner peace
- Improve posture and balance
- Deepen your yoga practice
- Complete disconnection
- Time for yourself

20-23 March 2026

FINCA SERENA, MALLORCA

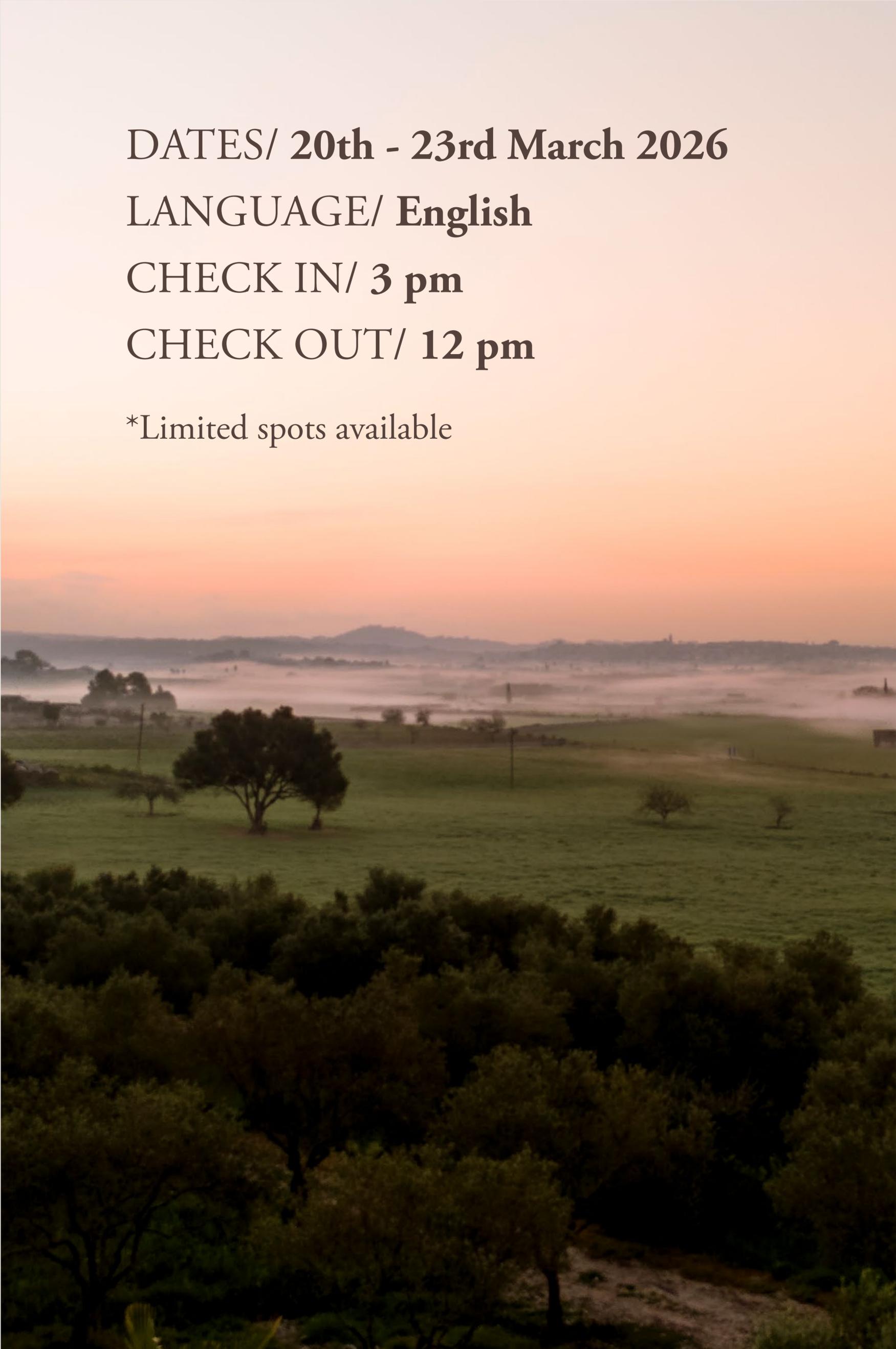
DATES/ 20th - 23rd March 2026

LANGUAGE/ English

CHECK IN/ 3 pm

CHECK OUT/ 12 pm

*Limited spots available



20-23 March 2026

FINCA SERENA, MALLORCA

02

FINCA SERENA, MALLORCA/

In the heart of Mallorca, Finca Serena is a serene retreat surrounded by vineyards and olive groves — a place where tranquility and renewal come naturally.

@fincaserenamallorca



20-23 March 2026

03

MEET LINA/

Lina Jurevičiūtė is a passionate yoga teacher specializing in Vinyasa, Power, Yin, and sound healing. Lina's classes are designed for all levels, inviting you to move with presence and listen to your body.

@bylinaju

20-23 March 2026

PROGRAM/

Day 1

3.00 pm		Check in
5.45 pm		Team and participants presentation
6.00 pm		Yin & Yoga Nidra practice
8.00 pm		Dinner

Day 2

8.30 pm		Vinyasa Flow yoga practice
10.00 am		Breakfast
12.00 pm		Mindful Nature Walk (optional & self-led*)
1.30 pm		Lunch
5.00 pm		Cacao Ceremony & Breathwork
8.00 pm		Dinner

Day 3

08.30 am		Vinyasa Flow yoga practice
10.00 am		Breakfast
12.00 pm		Inversion workshop (optional*)
1.30 pm		Lunch
5.30 pm		Yin yoga & Sound Healing
8.00 pm		Dinner

Day 4

08.30 am		Vinyasa Flow yoga practice
10.00 am		Breakfast
12.00 pm		Check out

**The schedule is approximate and may be adjusted slightly as the retreat progresses.*

05

INCLUDES/

- Accommodation in a double room for 3 nights
- Welcome drink
- Full board with local and seasonal products (adaptable for vegan, celiac and other food intolerances). Includes non-alcoholic drinks with meals.
- 5 yoga classes, different sessions and workshops
- Access to Único Spa: sauna, heated swimming pool, water circuit and Technogym fitness gym.
- Special offers on selected beauty spa products
- Yoga equipment included: mats, blocks and straps



20-23 March 2026

06

WHAT TO BRING/

Although Finca Serena provides everything you'll need, we recommend packing:

- Comfortable shoes for walking around the estate and vineyards.
- Comfortable clothing for yoga and outdoor activities.
- A notebook or journal to capture your thoughts and reflections.
- A good book for moments of relaxation.
- Sunglasses and a hat if you'd like to make the most of the Mallorcan sun.

And most importantly, the desire to enjoy every moment.

07

PRICE/

Double Room – single use: 2.250 €

Double Room – double use: 3.450 €

(1.725 € per person*)

For a more connected retreat experience, consider sharing a room with a retreat companion — please email reservations@fincaserenamallorca.com to arrange.



20-23 March 2026

FINCA SERENA, MALLORCA

TO REGISTER
*for the retreat,
please contact:*

(+34) 971 18 17 58

reservations@fincaserenamallorca.com

fincaserenamallorca.com

FINCA
SERENA



MALLORCA

20-23 March 2026