

Yoga & Meditation Retreat

by Lina Jurevičiūtė

25-28 | SEP | 2025

INCA SERENA MALLORCA



DATES:

25th to 28th September

LANGUAGE:

English

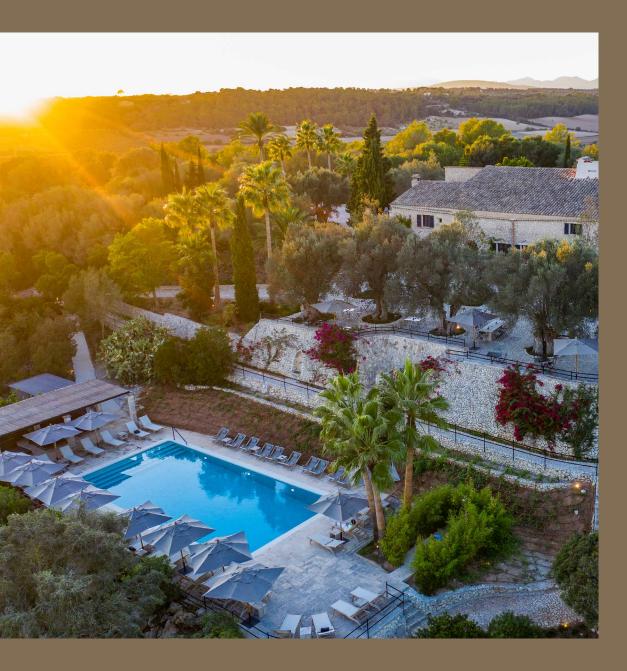
ВҮ

LINA JUREVIČIŪTĖ @bylinaju PRICE

One person: 2000€ Two people: 3180€

*If you come alone and want to share a room, please send an emai

Limited spots*



ABOUT THE RETREAT

Join us for a revitalising experience of yoga and mindfulness for body and soul at the most magical spot in the Mediterranean. Four luxurious and tranquil days at Finca Serena Mallorca, just when the island is at its best. This retreat offers an oasis away from everyday life, where you can rejuvenate, grow, and reconnect with your true self. From the nourishing food to the yoga classes, nature, and facilities, this retreat is designed to nurture your total wellbeing. Suitable for all levels and led by Lina Jurevičiūtė.



MEET LINA

Lina Jurevičiūtė is a passionate vinyasa, power, and yin yoga teacher, as well as a sound healing specialist. She firmly believes that through the power of breath and movement, we can transform not only our bodies but also our minds. During this retreat, we'll explore strong vinyasa practices, soothing yin, powerful meditations, and transformative sound healing sessions. Lina places great emphasis on the internal experience rather than external appearances, so expect to be guided through creative flows using your breath to lead you on an extraordinary journey through mind, body, and soul. On our yoga mats, Lina guides with ease and openness, where we all learn from our past, strengthen our present, and build our future. It's never just about the poses; Lina encourages you to delve deeper to find true connection and inner stillness.



BENEFITS

- Increased flexibility
- Renewed energy and inner peace
- Better posture and balance
- Enhanced yoga practice
- Complete disconnection
- Time for yoursel









INCLUDES



Accommodation for 3 nights.



Full board with a balanced, plant-based menu.

(Adaptable for vegan, gluten-free, and other dietary needs). Includes nonalcoholic drinks with meals.



1 Sound Healing session.



Afternoon Cacao Ceremony



Welcome drink.



5 yoga classes.

Energising Vinyasa Yoga in the mornings, Restorative Yoga in the evenings.



1 Inversion Workshop.



Access to Único Spa.

(sauna, hammam, heated pool, water circuit and Technogym fitness equipment).



Special offers on selected beauty Spa products.



1 Yoga Nidra Meditation session.



Mindful nature walk



All specific yoga prop





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